

Daily tips for Playful Learning at Home



Food Stall Fun



Stuck inside, worried about how many snacks your child (or anyone else) is eating ? Open your own tuck shop – and help your child learn about healthy eating, prices and more

What do I need?

Boxes or baskets

Snacks for the day

Money (depending on your children's ages)

Labels for prices – you can make these with your child

Water is free!

What do we do?

If your child is very young begin with single pennies

Put snacks in baskets or boxes according to price for each snack (make sugary sweets more expensive and fruit or veg cheaper)

Label each snack basket with the price

Give child their money at the beginning of the day for the whole day.

Child buys snacks throughout the day using their money

You can have paper and pens to encourage mark making or writing for items in the shop

What will your child learn from this play?

Young children 1-1 correspondence in numbers = 1 snack = 1 p

Using real money and numbers

Healthy food and sometimes food

Choices, taking turns

How can you take it further?

Take turns being a shop keeper

Child can set up their own play shop

Give children £1 and items cost 5p 10p then 11p 12p 15p...

If your child is interested in different kinds of food, try exploring the [Eatwell Plate](#) – how many of the different foods can you find in the home; how can you plan your next meals?

Play & talk together
Be careful with too many questions

Pause and wait for your child to respond
Copy what they say and add to it