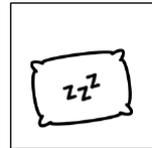




Daily tips for Playful Learning at Home – Rhyme of the week



Time for a nap?

Sleeping Bunnies.

Children love anticipating what will happen next, they'll have fun doing this with this song

Children will enjoy to dancing at the end of each verse

Enjoy dancing with your child

What do I need?

Clear a space to move around in

Ensure your child is ready and happy to join in

Have the words opposite or use the link below

<https://www.youtube.com/watch?v=5OqFsawMso&t=17s>

What will your child learn from this play?

To pay attention, anticipate and wait

To move and dance developing their gross motor skills

To build their emerging literacy skills

What do we do?

Children curl up on the floor as sleeping bunnies. Sing or play the song with children staying curled up until 'Wake up' when they jump up and hop/dance

*See the little bunnies sleeping 'til it's nearly noon
Shall we wake them with a merry tune?
Oh how still, are they ill? Wake up soon*

Wake up sleepy bunnies!

Hop little bunnies, hop, hop, hop etc. repeat

*See the little birdies sleeping 'til it's nearly nine
Shall we wake them from their nest of vine
Up we climb, just in time*

Wake up birdies

Flap little birdies flap flap flap etc.

*See the little alligators sleeping 'til its nearly noon
Shall we wake them with a merry tune
In we creep, while they sleep*

Wake up alligators

Snap little alligators snap snap snap etc.

How can you take this further?

Try to do this with Mr Tumble and his signs <https://www.youtube.com/watch?v=VY4joloPf80>

If you can get outside (or clear a safe space inside) practice hopping and skipping, flapping & snapping

Talk about the ways other creatures move; horses gallop, lambs skip, frogs jump, birds fly, fish swim etc.

Talk about what it feels like after moving around, are you out of breath?



Play & talk together
Be careful with too many questions

Pause and wait for your child to respond
Copy what they say and add to it