

## Daily tips for Playful Learning at Home

### *Walk with your ears!*

There are all kinds of things we love to do outside – walking, jumping, running around. And sometimes we don't have time for those things, because we have to get to the shops, or are running to get out of the rain!

How often do we walk with our *ears* – there is so much going on to notice and learn from, and it takes no more time than what we were doing anyway.

#### What do I need?

- Any time you are going out for a walk
- Ears



#### What do we do?

- Go for a walk together in the garden, park or along the street
- Or just pop your ears out of the window if you can't go out
- Listen together to the sounds that you hear
- Talk about the sounds together "I can hear a noise...", "
- You could make a list of sounds that you might hear and tick them off as you hear them: a bird, a car, people talking, the wind, the rain, a train, a dog barking...

#### What will your child learn from this play?

- Listening skills
- Focus and attention
- Picking out sounds and filtering distractions
- All kinds of words for sounds
- Lots of things depending on what you end up talking about!

#### How can you take it further?

- Talk about whether the sounds are long/short, loud/quiet. The rhythm of the noises "that's a bumpy noise"
- Talk about noises that sound the same and different... "we heard 2 lorries...they sounded the same"... "the car and lorry sound different; the lorry was so noisy!"